## Creekford Academy: Grade 1-3 Sample Week

Time	Monday	Tuesday	Wednesday	Thursday	Friday
	Outside Explorers				
	Upon drop off, students				
8:00 - 8:30	explore, play, build, and				
	innovate freely; either				
	individually or				
	collaboratively	collaboratively	collaboratively	collaboratively	collaboratively
8:30 – 9:35	Morning Movement	Morning Movement	Music	Morning Movement	Morning Movement
	Combination of	Combination of	(9:00 – 11:00)	Combination of	Combination of
	stretching, yoga, and	stretching, yoga, and		stretching, yoga, and	stretching, yoga, and
	mobility with nature	mobility with nature	Variety of instrumental	mobility with nature	mobility with nature
	walk/hike	walk/hike	music exposure and	walk/hike	walk/hike
9:30 – 9:45	Snack	Snack	instruction	Snack	Snack
					Community
	Outdoor Adventures	Outdoor Adventures	Outdoor Adventures	Outdoor Adventures	Connections
	- Science	- Science	- Science	- Science	-Artists, Dancers,
	-Geography	-Geography	-Geography	-Geography	Carpenters, Scientists,
9:45– 11:30	- Geology - Social Studies	Chefs etc			
	- Environmental	- Environmental	- Environmental	- Environmental	<ul> <li>Experiential, project based learning</li> </ul>
	Education	Education	Education	Education	Single day projects, or
	Education	Education	Education	Education	recurring (weekly,
					monthly)
11:30 – 12:00	Lunch	Lunch	Lunch	Lunch	Lunch
	Read, Write,	Read, Write,	Read, Write,	Read, Write,	Community
	Relax, Reflect	Relax, Reflect	Relax, Reflect	Relax, Reflect	Connections
	Read alouds,	Read alouds,	Read alouds,	Read alouds,	-Artists, Dancers,
12:00 – 12:45	independent reading,	independent reading,	independent reading,	independent reading,	Carpenters, Scientists,
	journaling & drawing	journaling & drawing	journaling & drawing	journaling & drawing	Chefs etc
	using indoor or outdoor				
	spaces	spaces	spaces	spaces	- Experiential, project
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12:45 – 2:00	Focused Instruction	Focused Instruction	Focused Instruction	Focused Instruction	- Single day projects, or
	Literacy & Numeracy	Literacy & Numeracy	Literacy & Numeracy	Literacy & Numeracy	recurring (weekly, monthly)
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2:00 – 2:30	Outside Explorers	Outside Explorers	Outside Explorers	Outside Explorers	