

Creekford Academy: Grade 1-3 Sample Week

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 8:30	Outside Explorers Upon drop off, students explore, play, build, and innovate freely; either individually or collaboratively	Outside Explorers Upon drop off, students explore, play, build, and innovate freely; either individually or collaboratively	Outside Explorers Upon drop off, students explore, play, build, and innovate freely; either individually or collaboratively	Outside Explorers Upon drop off, students explore, play, build, and innovate freely; either individually or collaboratively	Outside Explorers Upon drop off, students explore, play, build, and innovate freely; either individually or collaboratively
8:30 – 9:35	Morning Movement Combination of stretching, yoga, and mobility with nature walk/hike	Morning Movement Combination of stretching, yoga, and mobility with nature walk/hike	Music (9:00 – 11:00) Variety of instrumental music exposure and instruction	Morning Movement Combination of stretching, yoga, and mobility with nature walk/hike	Morning Movement Combination of stretching, yoga, and mobility with nature walk/hike
9:30 – 9:45	Snack	Snack		Snack	Snack
9:45– 11:30	Outdoor Adventures - Science -Geography - Geology - Social Studies - Environmental Education	Outdoor Adventures - Science -Geography - Geology - Social Studies - Environmental Education	Outdoor Adventures - Science -Geography - Geology - Social Studies - Environmental Education	Outdoor Adventures - Science -Geography - Geology - Social Studies - Environmental Education	Community Connections -Artists, Dancers, Carpenters, Scientists, Chefs etc - Experiential, project based learning Single day projects, or recurring (weekly, monthly)
11:30 – 12:00	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 – 12:45	Read, Write, Relax, Reflect Read alouds, independent reading, journaling & drawing using indoor or outdoor spaces	Read, Write, Relax, Reflect Read alouds, independent reading, journaling & drawing using indoor or outdoor spaces	Read, Write, Relax, Reflect Read alouds, independent reading, journaling & drawing using indoor or outdoor spaces	Read, Write, Relax, Reflect Read alouds, independent reading, journaling & drawing using indoor or outdoor spaces	Community Connections -Artists, Dancers, Carpenters, Scientists, Chefs etc - Experiential, project based learning - Single day projects, or recurring (weekly, monthly)
12:45 – 2:00	Focused Instruction Literacy & Numeracy	Focused Instruction Literacy & Numeracy	Focused Instruction Literacy & Numeracy	Focused Instruction Literacy & Numeracy	
2:00 – 2:30	Outside Explorers	Outside Explorers	Outside Explorers	Outside Explorers	